

Stress
Less
Edition

COOKING IN THE MICROWAVE

MUG BROWNIE

METHOD

½ cup of flour
½ cup of brown sugar
½ cup of cocoa powder
½ cup of oil
½ cup of water
½ teaspoon vanilla essence
chocolate chips

INGREDIENTS

mix together the flour, sugar and cocoa powder

add in the oil, water and vanilla essence and mix together

stir in the desired amount of chocolate chips

microwave for 1-2 minutes depending on your microwave and how cooked through you want your brownie

